

6 LONG TRAIL LOOP

4.0 miles total loop: Beach Access.

Park at the end of Sand Hill Road in the circular parking area. Walk through gate, do not follow gravel road in front of you, but take the narrow trail immediately on the right. Stay on the trail for 2.0 miles through meadows and forest until it emerges into the open at top of dune. Follow trail down and to the left to the flat plain behind foredunes. The trail continues south for 0.8 miles to the Sweetwater Creek Trail and heads inland 1.2 miles to parking area. Hiking south along the beach to the mouth of Sweetwater Creek is also an option.

